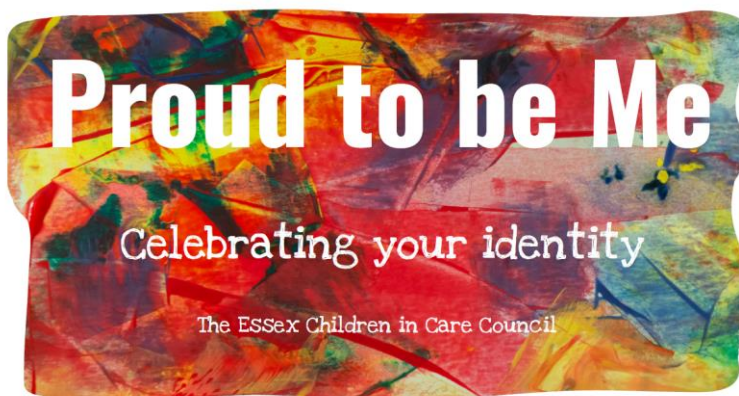




Please can you...

Young people from the Proud to be Me Children in Care Council sub-group have continued to contribute to these guidelines since the group was established in July 2021.



Please continue to...

Make sure I understand my history and why decisions are made

Embrace every child's culture and help them know their future

Make sure I understand the culture of my birth family

Look after our well-being; our hair, our skin. Think about food and cookbooks. Use these things to welcome us.

Support us to tell our 'story' about being in care and why we're in care

Look forwards, not backwards

Please support others not to...

Think we are all the same

Make assumptions about my religion, ethnicity, skin colour and culture

Treat me differently to others in my school

Get my name wrong

Compare us to foster carer's own children

Try to make us change

Make me feel like I'm not good enough

Treat me differently to foster carer's own children

