



Essex Children In Care Council



Update September 2022



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Get Involved With



Care Leaver Week Celebration

Calling all Care Leavers, come and join us for an evening of outdoor activity and food, you will be participating in some outdoor activities before having pizza and chatting to decision makers from Essex County Council. Lets celebrate being you!

- Event** Care Leavers Week Celebration
- Age** Care Leavers
- Cost** Free
- Travel** Travel should never be a barrier to your participation.
We provide transport if needed.

DATES FOR YOUR DIARY:

26th October
@17:00 – 19:30

To find out more or sign up;

Email Natalie Vince
Natalie.Vince@essex.gov.uk Or
call - 07584262934



ESSEX CHILDREN IN CARE COUNCIL

CARE LEAVERS WEEK

**COME AND CELEBRATE
CARE LEAVERS WEEK WITH US!**

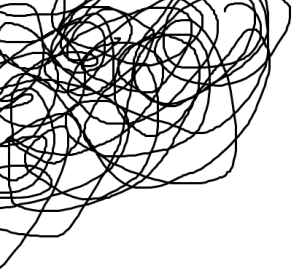
**VENUE - ESSEX DANBURY OUTDOORS
WELL LANE, DANBURY CM3 4AB**

DATE - 26TH OCTOBER 2022

TIME - 5PM - 7.30PM

**TO BOOK YOUR PLACE PLEASE EMAIL -
NATALIE.VINCE@ESSEX.GOV.UK**

WE MAY BE ABLE TO HELP WITH TRANSPORT IF NEEDED



Get Involved With



Listening to children, young people and families

Youth Group

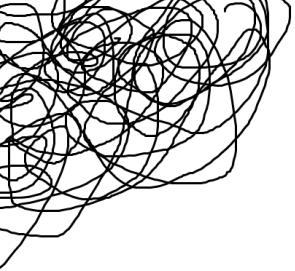
Come and join our the well established youth group. Young people who have attended the youth group have told us that they have; build confidents and self esteem, develop peer relationship with others in care, be able to have comfortable conversation about the care they receive, develop services and to make friends.

- Event** Youth Group
- Age** 12 to 17 years old depending on need
- Cost** Free
- Travel** Travel should never be a barrier to your participation. We can help by providing transport in one direction on a case by case basis.

DATES FOR YOUR DIARY:
 3rd Saturday of every month
 @10:00 – 13:00 – unless
 there is a special event

To find out more or sign up;
 Email Lee McDermid –
lee.mcdermid@essex.gov.uk
 Or call - 07824867612

CHANGE MAKERS YOUTH GROUP
DATES - 15/10 AND 19/11
10am-13.00pm
 To book a place please contact
 Lee on
lee.mcdermid@essex.gov.uk or
 07824867612



Get Involved With



Listening to children, young people and families

Youth Group Christmas Meal

Come and join us for our Christmas meal and celebration. Welcome mocktail, 3 course Christmas dinner, fun games and little extras through the day. If you go to the youth group or would like to come and explore what we are about, all are welcome.

Event Youth Group Christmas meal.

Age 11 to 17 years old depending on need

Cost Free

Travel Travel should never be a barrier to your participation. We can help by providing transport in one direction on a case by case basis.

DATES FOR YOUR DIARY:

Saturday 17th December
@11:30 – 13:30

To find out more or sign up;

Email Lee McDermid –
lee.mcdermid@essex.gov.uk
Or call - 07824867612





Get Involved With



Halloween Party

Join us for some magical spooky fun, we will have Harry potter themed party games and party dances, find out which house you belong in, will it be Gryffindor, Slytherin, Ravenclaw or Hufflepuff? Try your hand at some magic potion making and enjoy our banquet of delicious treats!

Make some new muggle friends and memories that will last forever!

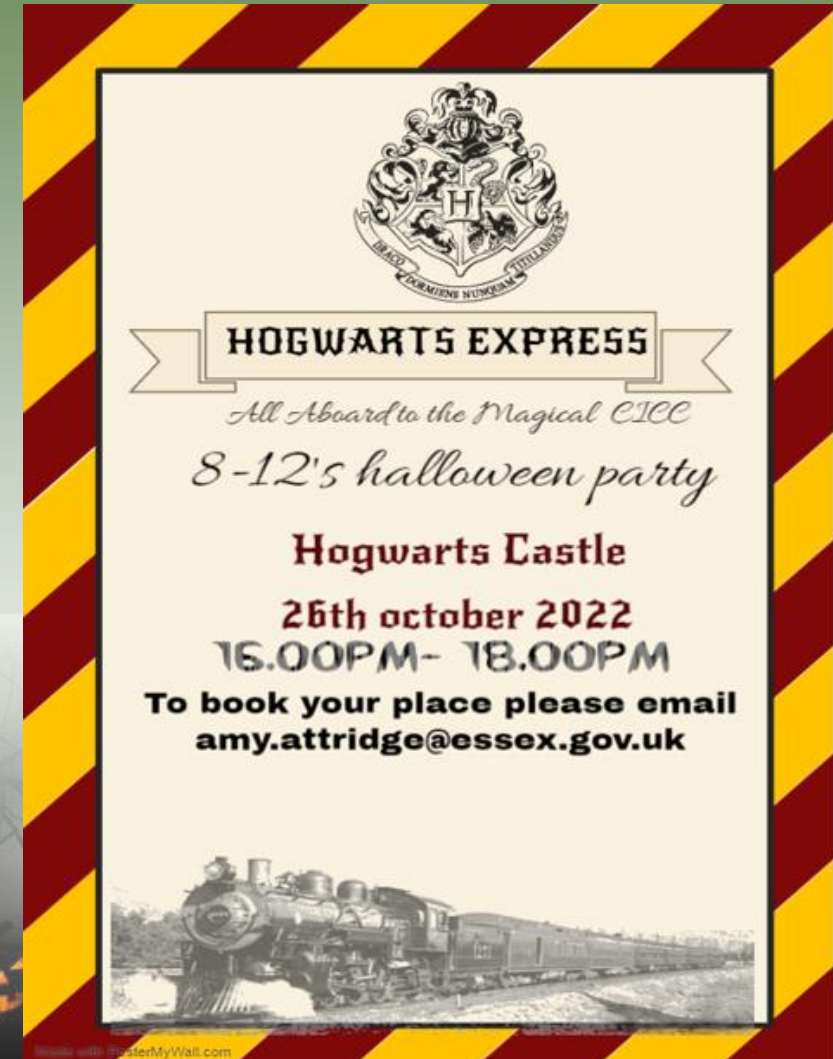
Event Halloween Party
Age 8 to 12 years old depending on need
Cost Free

DATES FOR YOUR DIARY:

Wednesday 26th October
@16:00 – 18:00

To find out more or sign up;

Email Amy Attridge –
amy.attridge@essex.gov.uk
Or call - 07867469231



Get Involved With



Proud To Be Me

Come and be a part of something special. Come and feel like you belong. Proud to be me is a safe space to explore and celebrate culture, identity and race with peers. During an evening you can expect fun, games and cooking.

Event Proud To Be Me

Age 12 to 17 years old depending on need

Cost Free

Travel Travel should never be a barrier to your participation. We can help by providing transport in one direction on a case by case basis.

DATES FOR YOUR DIARY:

Once a month on a Tuesday
@17:00 – 19:30

To find out more or sign up;

Email Natalie Vince–
Natalie.Vince@essex.gov.uk Or
call - 07584262934

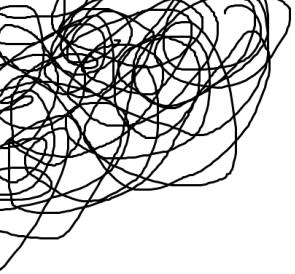


children in care from ethnically diverse backgrounds aged 12 to 17 are invited

to an evening session to explore culture, identity and race with their peers

Dinner provided. We can also support with transport if needed.

Spaces are limited. Please email natalie.vince@essex.gov.uk or chrisie.gavriel@essex.gov.uk or call 07584 262934.



Get Involved With



Care Leaver Parents

Calling all Care Leaver Parents, please join our group. The group is a safe space for you and your children to come along and be part of our care leaver parents community.

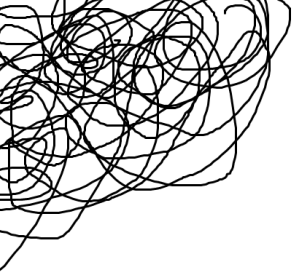
At the group we enjoy various activities, have discussions around being a parent where to find support and learn new skills to help you be the best parent you can be. The group is a safe space to explore any difficulties you maybe facing.

- Event** Care Leaver Parent
- Age** Care Leaver and their Children
- Cost** Free
- Travel** Travel should never be a barrier to your participation. We will provide transport if needed.

DATES FOR YOUR DIARY:
Once a month on a Tuesday
@10:00 – 13:00

To find out more or sign up;
Email Natalie Vince—
Natalie.Vince@essex.gov.uk Or
call - 07584262934





Get Involved With



Care Leavers Festive Meal

Calling all Care Leavers, come and celebrate the end of the year with us. We would like to invite you to our festive home cooked meal. Music, dancing, festivities mixed with lots of laughter will take place. We would love you to join us.

Event Care Leaver Festive Meal

Age Care Leavers

Cost Free

Travel Travel should never be a barrier to your participation. We can provide transport.

DATES FOR YOUR DIARY:

Tuesday 6th December
@17:00 – 20:00

To find out more or sign up;

Email Natalie Vince—
Natalie.Vince@essex.gov.uk Or
call - 07584262934





Get Involved With



Care Leaver Dinner and Chill

Come and join the team for our Care Leaver Dinner and Chill. All Care Leavers are invited to come and catch up with staff and friends. You will have the opportunity to cook dinner with others and enjoy the evening taking part in conversations that matter to you. One of the key aims of this session is to help you build a peer support group that will be able to give you help and support when you need it.

Event	Youth Group
Age	Care Leaver and their Children
Cost	Free
Travel	Travel should never be a barrier to your participation. We can provide transport.

DATES FOR YOUR DIARY:

Once a month on a Tuesday
@17:00 – 20:00

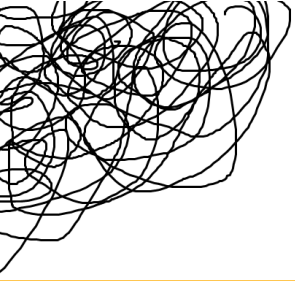
To find out more or sign up;

Email Natalie Vince—
Natalie.Vince@essex.gov.uk Or
call - 07584262934



DID YOU KNOW

We have weekly Zoom catch up calls with Care Leavers. These are on Tuesdays from 13:00 – 14:00 – for more details please email Natalie



Have Your Say



Listening is Important

It helps us make sure the children in our care receive the support they need and helps us as an organisation understand how well we are meeting our promises to children in care.

Please can you encourage the children and young people you care for to complete a survey and support them if they need help.

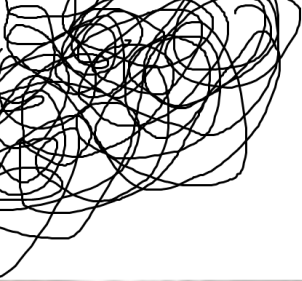
Survey for children aged 5 to 11 <https://consultations.essex.gov.uk/involvement/hys-children/>

Survey for young people aged 12 to 17 <https://consultations.essex.gov.uk/involvement/hys-young-people/>

DATES FOR YOUR DIARY:
Please complete by
December 2022

**To find out more or to
receive a paper copy;**
Email - Involvement Service
involvement@essex.gov.uk





Children in Care Council

our offer in ESsex



Make change

- Talk to decision makers
- Share your experiences
- Be listened to
- Influence change
- Make services better
- Learn skills
- Build confidence

Relationships

- Make friends
- Build social skills
- Share concerns and worries
- Feel valued
- Build your identity
- Feel part of a community
- Combat isolation
- Build trust with professionals

Activities

- Have fun
- Make life long memories
- In a safe place and space
- Experience new things
- Push out of your comfort zone
- Build resilience



Find out more

email us at involvement@essex.gov.uk



Listening to children, young people and families

out more

olvement@essex.gov

